

# -k|yd k6s ;"rgf k|sflzt ldlt @)\*).)#.)@\_

nf]s ;]jf cfof]uaf6 ;~rfng x'g]

# g]kfn ljz]if ;]jfsf] cg';Gwfg clws[t -/fhkqf+lst t[tLo >]0fL\_ / cg';Gwfg ;xfos -/fhkq cg+lst låtLo >]0fL\_

**kbsf] nflu b/vf:t cfJxfg ul/Psf] ;"rgf**

o; ljefu Pj+ cGtu{tsf sfof{nox?df l/Qm /x]sf] cg';Gwfg clws[t -/fhkqf+lst t[tLo

>]0fL\_ / cg';Gwfg ;xfos -/fhkq cg+lst låtLo >]0fL\_ kbdf ;dfj]zL l;¢fGt cg'?k v'ǔnf k|ltof]lutfTds k/LIffåf/f kbk"lt{sf] nflu ldlt @)\*).)#.)! ut] a;]sf] cg';Gwfg clws[t / cg';Gwfg ;xfos kbsf] 5gf}6 ;ldltsf] a}7saf6 b]xfo adf]lhd l/Qm kbx?df lj1fkgsf] nflu ;"rgf k|sfzg ug]{ lg0f{o ePsf]n] b]xfo adf]lhdsf] of]Uotf k'u]sf g]kfnL gful/sx?af6 b/vf:t cfJxfg ul/Psf]5 .

## -!\_ kb M– cg';Gwfg clws[t / cg';Gwfg ;xfos

|  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **qm=;+=** | **lj1fkg gDa/** | **kb tyf**  **>]0fL** | **;]jf** | **dfu kb**  **;+Vof** | **v'ǔnf** | **;dfj]zL** | | | | |
| **cflbjf;L÷ hghflt** | **dw]zL** | **dlxnf** | **blnt** | **lk5l8Psf] If]q** |
| ! | )!÷)&(÷\*) | cg';Gwfg clws[t  -/fhkqf+lst t[tLo >]0fL\_ | **ljz]if** | #) | !& | $ | # | # | @ | ! |
| @ | )@÷)&(÷\*) | cg';Gwfg  ;xfos  -/fhkq  cg+lst låtLo>]0fL\_ | $! | @# | y | y | $ | # | ! |

**-@\_ z}lIfs of]Uotf M**–

**-s\_ cg';Gwfg clws[t kbsf] nfluM**– :jLs[t ljZjljBfnoaf6 slDtdf :gfts jf ;f

;/xsf] pkflw k|fKt u/]sf] .u|]l8ª k4ltaf6 z}lIfs of]Uotf xfl;n u/]sf] xsdf

GPA2jf ;f] eGbf dflysf] u|]8 KjfOG6 k|fKt u/]sf] x'g'kg]{5 . ljb]zL z}lIfs

;+:yfaf6 ;f] ;/xsf] z}lIfs of]Uotf k|fKt u/]sf] eP lq=lj=lj= af6 ;dsIf lgwf{/0f ul/Psf] k|df0fkq klg k]z ug'{kg]{5 .

**-v\_ cg';Gwfg ;xfos kbsf] nfluM**– :jLs[t ljZjljBfnoaf6 slDtdf k|lj0ftf k|df0fkq tx jf ;f] ;/xsf] pkflw k|fKt u/]sf] .u|]l8ª k4ltaf6 z}lIfs of]Uotf xfl;n u/]sf] xsdfGPA2jf ;f] eGbf dflysf] u|]8 KjfOG6 k|fKt u/]sf] x'g'kg]{5 . ljb]zL z}lIfs

;+:yfaf6 ;f] ;/xsf] z}lIfs of]Uotf k|fKt u/]sf] eP lq=lj=lj= af6 ;dsIf lgwf{/0f ul/Psf] k|df0fkq klg k]z ug'{kg]{5 .

## -#\_ pd]/ M–

**-s\_ cg';Gwfg clws[t** M– 5gf]6 x'g] ;fnsf] a}zfv ! ut] k'?ifsf] xsdf @! jif{ k"/f ePsf]/ @y jif{ ggf3]sf] -ldlt @)yy.)!.)! b]lv @)y(.)!.)! ;Dd hGdldlt ePsf\_ tyf dlxnfsf] xsdf @! jif{ k"/f ePsf] / #) jif{ ggf3]sf]-ldlt @)y).)!.)! b]lv @)y(.)!.)! ;Dd hGdldlt ePsf\_ . /fli6«o cg';Gwfg ljefusf sd{rf/Lx?sf] xsdf #y jif{ ggf3]sf] .

**-v\_ cg';Gwfg ;xfos kbsf] nfluM**– 5gf]6 x'g] ;fnsf] a}zfv ! ut] k'?ifsf] xsdf !\* jif{ k"/f ePsf]/ @y jif{ ggf3]sf] -ldlt @)yy.)!.)! b]lv @)^@.)!.)! ;Dd hGdldlt ePsf\_tyf dlxnfsf] xsdf !\* jif{ k"/f ePsf] / #) jif{ ggf3]sf] - ldlt @)y).)!.)! b]lv @)^@.)!.)! ;Dd hGdldlt ePsf\_ . /fli6«o cg';Gwfg ljefusf sd{rf/Lx?sf] xsdf #y jif{ ggf3]sf] .

## -$\_ k/LIffsf] lsl;d M– s\_ cg';Gwfg clws[t

* Generalknowledge & General Ability Test
* lnlvt k/LIff
* lj:t[t :jf:Yo kl/If0f
* Psychological Test
* Group Test (Group Discussion)
* Presentation
* cGtjf{tf{

## v\_ cg';Gwfg ;xfos

* + General Ability & Aptitute Test
  + lnlvt k/LIff
  + lj:t[t :jf:Yo kl/If0f
  + cGtjf{tf{

**-y\_ b/vf:t kmf/fd eg]{ tl/sfM–**/fli6«o cg';Gwfg ljefusf] j]e;fO6

[www.nidept.gov.npdf](http://www.nidept.gov.npdf/) loginu/L JolQmut ljj/0fsf ;fy} cfjZos sfuhftx?

;lxt cgnfOg k|0ffnLaf6 b/vf:t kmf/fd eg{'kg]{ 5 . b/vf:t kmf/fddf el/Psf ljj/0fx? ljefun] k|dfl0ft u/]kZrft /f]n gDa/ sfod ul/g]5 . ttkZrft cgnfOg k|0ffnLaf6 cfˆgf] ID/Password Loginu/L k|j]zkq Printug{ ;lsg]5 .

## -^\_ cgnfOg b/vf:t ebf{ clgjfo{ ?kdf ;+nUg ug'{'kg]{ sfuhftx? M–

**-k|To]s kmfOna9Ldf**300 KB**sf] x'g'kg{]5\_**

-s\_xfn;fn} lvr]sf] kf;kf]6{ ;fOhsf] kmf]6f] .

-v\_ g]kfnL gful/stfsf] k|df0fkqsf] :Sofg skL jf kmf]6f] .

-u\_ pDd]bjf/sf] b:tvtsf] :Sofg skL jf kmf]6f] .

-3\_ kb cg';f/ tf]lsPsf] z}lIfs of]Uotf jf ;f] ;/xplQ0f{ u/]sf] dfs{l;6 / rfl/lqs k|df0fkqsf] PDFkmfOn÷:Sofg skL jf kmf]6f] .

ª\_ ;dfj]zL ;d"x cGt/ut cflbjf;L÷hghflt, dw];L, blnt / lk5l8Psf] If]q -# dlxgf cjlw ePsf] \_ tkm{ b/vf:t lbg] pDd]bjf/x?n] clgjfo{ ?kdf cflwsfl/s lgsfoaf6 k|dfl0ft k|df0fkqsf] PDF kmfOn÷:Sofg skL jf kmf]6f] .

**-&\_ kf7\oqmd kfOg] j]e;fO6 M**–k/LIffsf] kf7oqmd /fli6«o cg';Gwfg ljefusf]] j]e;fO6

[www.nidept.gov.np/careeraf6](http://www.nidept.gov.np/careeraf6) download u/L k|fKt ug{ ;lsg]5 .

## -\*\_ b/vf:t b:t'/ -/fhZj\_ M–

**-s\_ cg';Gwfg clws[t kbsf] nfluM**–? !))).–-Ps xhf/ ?k}ofF\_ / Ps eGbf a9L k|To]s ;d"xsf nflu ?= @)).– sf b/n] yk b:t'/ a'emfpg' kg]{5 . k/LIff b:t'/Online af6 e-Sewa/ Connect IPS tyf Offline af6 ef}r/ Generate u/L

/fli6«o afl0fHo a}+ssf h'g;'s} zfvfaf6 a'emfpg ;lsg]5 .-;dfj]zL ;d"xtkm{ dfq cfj]bg lbg] pDd]bjf/n] klg slDtdf ?=!))).–-Ps xhf/ ?k}ofF\_ /fhZj a'emfpg'kg]{5 \_

**-v\_ cg';Gwfg ;xfos kbsf] nfluM**–?= #)).–-tLg ;o ?k}ofF\_ / Ps eGbf a9L k|To]s

;d"xsf nflu ?= ^).– -;f7L ?k}ofF\_ sf b/n] yk b:t'/ a'emfpg' kg]{5 . k/LIff b:t'/Online af6 e-Sewa / Connect IPS tyf Offline af6 ef}r/ Generate u/L

/fli6«o afl0fHo a}+ssf h'g;'s} zfvfaf6 a'emfpg ;lsg]5 .-;dfj]zL ;d"xtkm{ dfq cfj]bg lbg] pDd]bjf/n] klg slDtdf ?=#)).–-tLg ;o ?k}ofF\_ /fhZj a'emfpg'kg]{5 \_

**-(\_ b/vf:t btf{ ul/g] cjlw M**– uf]/vfkqdf klxnf]k6s ;"rgf k|sflzt ePsf] ldltn] #) lbgleq -ldlt @)\*).)#.#! ut];Dd\_. b/vf:t btf{ ug]{ clGtd ldltaf6 & lbgleq

-ldlt @)\*).)$.)& ut];Dd\_ bf]Aa/ b:t'/ lt/L b/vf:t btf{ ug{ ;lsg]5 .

**-!)\_ k/LIffsf] nflu ;Dks{ ldlt M–** bf]Aa/ b:t'/ ltg{] Dofb ;lsPk5L ljefusf] j]e;fO6df

;"rgf k|sflzt u/L hfgsf/L u/fOg]5 .

**-!!\_ k/LIff s]Gb| M–** cg';Gwfg clws[t kbsf cfj]bsx?n] nf]s ;]jf cfof]usf] sf7df08f} k/LIff s]Gb| / cg';Gwfg ;xfos kbsf cfj]bsx?n] cfkm'nfO{ kfos kg]{ nf]s ;]jf cfof]usf sfof{nox? -wgs'6f, hn]Zj/, x]6f}8f, sf7df08f}, kf]v/f, a'6jn, jL/]Gb|gu/ / wgu9L\_ df k/LIff s]Gb| /fVg ;Sg]5g\ . cfof]uaf6 tf]lsPsf] :yfgdf k/LIff s]Gb|x? sfod u/L lnlvt k/LIff ;~rfng x'g]5 .

## -!@\_ cGo ljj/0f M–

-s\_ l/t gk'¥ofO{ b/vf:t e/]sf] pDd]bjf/ k/LIffdf;xefuL x'g kfpg] 5}g .

-v\_ pDd]bjf/x?n] k|To]s r/0fsf] k/LIffdf pkl:yt x'Fbf k|j]zkq / gful/stfsf]

;Ssn} k|lt ;fydf lnO{ pkl:yt x'g'kg]{5 .

-u\_ x/]s r/0fsf] k/LIff ;dflKt k5L glthf k|sfzg ul/g]5 / plQ0f{ pDd]bjf/x?nfO{ dfq csf]{ k/LIffdf ;lDdlnt u/fOg]5 .

-3\_ lnlvt k/LIffdf ;kmn pDd]bjf/x?nfO{ ;z:q k|x/L an, g]kfnsf] c:ktfnaf6 pQm c:ktfnsf] dfkb08 adf]lhd lj:t[t :jf:Yo kl/If0f u/fO{g]5 .

-ª\_ :jf:Yo k/LIf0fdf ;kmn pDd]bjf/x?nfO{ dfq cGo r/0fsf] k/LIffdf ;lDdlnt u/fO{g]5 .

-r\_ clGtd r/0fsf] cGt/jftf{ k/LIffdf ;xefuL x'g cfpFbf pDd]bjf/x?n] ;Ssn gful/stf, z}lIfs of]Uotfsf] k|df0fkq, ;dfj]zL ;d"x v'ǔg] sfuhft / ;f]sf k|dfl0ft k|ltlnlkx? ;fydf lnO{ pkl:yt x'g'kg]{5 .

-5\_ s'g} g}lts ktg b]lvg] kmf}hbf/L cleof]udf ;hfoFkfPsf] / s'g} cj}w ;+:yf jf

;+u7gsf] ;b:o /x]sf] JolQm k/LIffdf ;+nUg x'g kfpg]5}g .

-h\_ cg';Gwfg clws[t / cg';Gwfg ;xfos kbdf lgo'lQmsf] nflu v'ǔnf k|ltof]lutfTds k/LIffdf of]Uotf k'u]sf s'g}klg ;/sf/L sd{rf/L pDd]bjf/ x'g

;Sg]5g\ . ;f] sf] nflu cfkm' sfo{/t sfof{nosf] :jLs[lt ;lxtsf] sfuhft clgjfo{?kdf k]z ug'{kg]{5 .

-em\_ ;j} r/0fdf plQ0f{ pDd]bjf/x?nfO{nf]s;]jf cfof]u;Fu k/fdz{ lnO{ /fli6«o cg';Gwfg ljefusf] ;]jfsf] kbdf lgo'lQm / a9'jf ubf{ ckgfpg'kg]{ ;fdfGo l;4fGt, @)^^ / g]kfn ljz]if ;]jf lgodfjnL, @)$$ -;+zf]wg ;lxt\_ sf] cfwf/df kbk"lt{sf] nflu 5gf]6 ;ldltaf6 l;kmfl/; ul/g]5 .